

# FRANKLIN-SIMPSON HIGH SCHOOL

**Course Name:** Physical Education

**Unit Name:** Volleyball

**Objectives:**

<u>Academic Expectations</u>	<u>Program of Studies</u>	<u>Core Content for Assessment</u>
<p>2.31: Students will understand that movement concepts, principles, strategies and tactics apply to the learning and performance of physical activities.</p> <p>2.34: Students perform physical movement skills effectively in a variety of settings.</p> <p>2.35: Students demonstrate knowledge and skills that promote physical activity and involvement in physical activity throughout lives.</p>	<p>PL-H-PS-U-1: Students will understand that movement concepts, principles, strategies and tactics apply to the learning and performance of physical activities.</p> <p>PL-H-PS-U-2: Students will understand that motor skills and movement patterns allow individuals to perform a variety of physical activities and to achieve a degree of success that make the activities enjoyable.</p> <p>PL-H-PS-U-3: Students will understand that basic and advance skills and tactics need to be refined, combined and varied</p>	<p>PL-HS-2.1.1: Students will analyze the principles for motor skills (e.g., accuracy, technique, physics, and mechanics) and make applications for improving these skills (locomotor, nonlocomotor, and transitional).</p> <p>PL-HS-2.1.2: Students will infer how an analysis of specialized movement patterns (e.g., swinging golf clubs, shooting basketballs) and sequence evaluation (e.g., positioning, performing, following through) can be used to make recommendations for the improvement of skills used in individual, dual, and team sports (e.g., golf, racket sports, softball, volleyball, basketball).</p>

	<p>in the development of specialized skills.</p> <p>PL-H-PS-S-6: Students will recognize physical activity as an opportunity for positive social and group interaction.</p> <p>PL-H-PS-S-7: Students will evaluate how an analysis of specialized movement patterns (e.g., golf club swing, shooting a basketball) and sequence evaluation (e.g., positioning, performing, follow through) can be used to detect and correct errors in performances.</p>	
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**Purpose of the Unit**

To teach the students the rules, tactics, scoring, strategies and teamwork that corresponds with volleyball.

**Prerequisites:**

These students are somewhat familiar with Net/Wall games; therefore I will start off slowly and progress depending on student learning. I will introduce how to play the game – explaining basic rules, work on setting up an attack, attacking as a team, winning the point, and defending against an attack.

**Daily Lesson Guide**

Day	Lesson Content and Objectives	Focus Questions	Critical Thinking (High Yield / Literacy /LTF/etc.)	Engagement	Assessment and/or Accommodations
1	<ul style="list-style-type: none"> <li>Setting up to attack – Passing/receiving (Forearm pass – bump).</li> <li>4v4 possession game in 20 by 15 feet.</li> </ul>	<ul style="list-style-type: none"> <li>Why is it important to be able to bump, set, and serve in a game of Volleyball?</li> </ul>	Pre-Test Assessment <i>(Written)</i> Tactics and strategies	All students will be actively involved in practice of skills and game play.	Pre-Test Assessment <i>(Written)</i>
2	<ul style="list-style-type: none"> <li>Setting up to attack – Passing/receiving (Overhead pass – set).</li> </ul> 4v4 possession game in 20 by 15 feet.	<ul style="list-style-type: none"> <li>Why is it important to be able to bump, set, and serve in a game of Volleyball?</li> <li>How do these skills help you to engage in recreational activities?</li> </ul>	Net/Wall Game Scenario <i>(Written)</i> Tactics and strategies	All students will be actively involved in practice of skills and game play.	Net/Wall Game Scenario <i>(Written)</i>
3	<ul style="list-style-type: none"> <li>Attacking as a</li> </ul>	<ul style="list-style-type: none"> <li>Why is it</li> </ul>	Tactics and strategies	All students will be actively	Game Performance Assessment

	<p>team and Winning the point – Serving (Underhand and Overhead).</p> <ul style="list-style-type: none"> <li>• 4v4 possession game in 20 by 15 feet.</li> </ul>	<p>important to be able to bump, set, and serve in a game of Volleyball?</p>		<p>involved in practice of skills and game play.</p>	<p>Instrument for Net/Wall Games</p> <p><i>(Skill Execution)</i></p>
4	<ul style="list-style-type: none"> <li>• Defending against an attack – Digging.</li> <li>• 4v4 possession game in 20 by 15 feet.</li> </ul>	<ul style="list-style-type: none"> <li>• Why is it important to be able to bump, set, and serve in a game of Volleyball?</li> </ul>	<p>Tactics and strategies</p>	<p>All students will be involved in practice of skills and game play.</p>	<p>Oral Assessment</p>
5	<ul style="list-style-type: none"> <li>• Attacking and Defending as a team – Team tactics and communication .</li> <li>• 6v6 possession game full-court.</li> </ul>	<ul style="list-style-type: none"> <li>• Why is it important to be able to set up an attack in a game of Volleyball?</li> <li>• Why is it important to exhibit</li> </ul>	<p>Tactics and strategies</p>	<p>All students will be actively involved in practice of skills and game play.</p>	<p>Affective Domain Assessment</p> <p><i>(Acceptable/Unacceptable Behaviors)</i></p>

		personal and social behavior?			
6	<ul style="list-style-type: none"> <li>• Tournament Play – Round Robin.</li> <li>• 6v6 full-court.</li> </ul>	<ul style="list-style-type: none"> <li>• Why is it important to exhibit personal and social behavior?</li> <li>• How does teamwork relate to other activities in life?</li> </ul>	Tactics and strategies	All students will be actively involved in practice of skills and game play.	Game Performance Assessment Instrument for Net/Wall Games
7	<ul style="list-style-type: none"> <li>• Tournament Play – Round Robin.</li> <li>• 6v6 full-court.</li> </ul>	<ul style="list-style-type: none"> <li>• How does teamwork relate to other activities in life?</li> <li>• Why is it important to be able to set up an attack in a game of Volleyball?</li> <li>• Why else should you know why defending against an</li> </ul>	Tactics and strategies	All students will be actively involved in practice of skills and game play.	Game Performance Assessment Instrument for Net/Wall Games

		attack is important?			
8	<ul style="list-style-type: none"> <li>• Tournament Play – Round Robin.</li> <li>• 6v6 full-court.</li> </ul>	<ul style="list-style-type: none"> <li>• How does teamwork relate to other activities in life?</li> <li>• Why is it important to be able to set up an attack in a game of Volleyball?</li> <li>• Why else should you know why defending against an attack is important?</li> </ul>	Tactics and strategies	All students will be actively involved in practice of skills and game play.	Game Performance Assessment Instrument for Net/Wall Games
9	<ul style="list-style-type: none"> <li>• Tournament Play – Round Robin.</li> <li>• 6v6 full-court.</li> </ul>	<ul style="list-style-type: none"> <li>• How does teamwork relate to other activities in life?</li> <li>• Why is it important to be able to set up</li> </ul>	Post-Test Assessment <i>(Written)</i> Tactics and strategies	All students will be actively involved in practice of skills and game play.	Post-Test Assessment <i>(Written)</i>

		<p>an attack in a game of Volleyball?</p> <ul style="list-style-type: none"> <li>• Why else should you know why defending against an attack is important?</li> </ul>			
10	<ul style="list-style-type: none"> <li>• Tournament Play – Winner versus Winner.</li> <li>• 6v6 full-court.</li> </ul>	<ul style="list-style-type: none"> <li>• How does teamwork relate to other activities in life?</li> <li>• Why is it important to be able to set up an attack in a game of Volleyball?</li> <li>• Why else should you know why defending against an attack is important?</li> </ul>	Tactics and strategies	All students will be actively involved in practice of skills and game play.	<p>Game Performance Assessment Instrument for Net/Wall Games</p> <p><i>(Summative)</i></p>