

	Lesson Content, Objectives, and Focus Skill	Tasks/Procedures		Engagement	Assessment and/or Accommodations
		Routine/Low Level	Critical Thinking (High Yield / Literacy /LTF/etc.)		
1	Self Discovery and Personal Development <ul style="list-style-type: none"> Examine personal values and determine how they impact personal goals. 	<ul style="list-style-type: none"> Bell Ringer Related Vocabulary-Word of the Day 	<ul style="list-style-type: none"> Values and Goals Group Scavenger Hunt 	<ul style="list-style-type: none"> Personal response Emotional/ intellectual safety 	
2	Self Discovery and Personal Development <ul style="list-style-type: none"> Examine personal values and determine how they impact personal goals 	<ul style="list-style-type: none"> Bell Ringer Related Vocabulary-Word of the Day 	<ul style="list-style-type: none"> Individual/Group Activity-Values Auction Written reflection/response on values 	<ul style="list-style-type: none"> Personal response Emotional/ intellectual safety Learning with others 	
3	Self Discovery and Personal Development <ul style="list-style-type: none"> Identify the difference between self concept and self esteem and how they impact mental wellness 	<ul style="list-style-type: none"> Bell Ringer Related Vocabulary-Word of the Day 	<ul style="list-style-type: none"> Display personal traits activity (thumb print) Talent showcase 	<ul style="list-style-type: none"> Clear modeled expectations Emotional/ intellectual safety 	<ul style="list-style-type: none"> Completion of Personal Traits activity
4	Self Discovery and Personal Development <ul style="list-style-type: none"> Examine the impact of role models and mentors on one’s leadership development 	<ul style="list-style-type: none"> Bell Ringer Related Vocabulary-Word of the Day 	<ul style="list-style-type: none"> FCCLA video-leadership discussion STAR Events Letter writing: letter to a mentor or role model who has impacted their development/leadership (thank you letter) 	<ul style="list-style-type: none"> Personal response Emotional/ intellectual safety 	<ul style="list-style-type: none"> Completion of leadership letter Accommodations: <ul style="list-style-type: none"> Scribe Extended time if needed
5	Self Discovery and Personal Development <ul style="list-style-type: none"> Differentiate between the various leadership styles 	<ul style="list-style-type: none"> Bell Ringer Related Vocabulary-Word of the Day 	<ul style="list-style-type: none"> Historical Leaders and styles (Research) 	<ul style="list-style-type: none"> Clear modeled expectations Personal response Emotional/ 	

				intellectual safety	
6	<p>Self Discovery and Personal Development</p> <ul style="list-style-type: none"> Differentiate between the various leadership styles 	<ul style="list-style-type: none"> Bell Ringer Related Vocabulary-Word of the Day 	<ul style="list-style-type: none"> Historical Leaders and styles (Research) 	<ul style="list-style-type: none"> Clear modeled expectations Personal response Emotional/ intellectual safety 	
7	<p>Self Discovery and Personal Development</p> <ul style="list-style-type: none"> Differentiate between the various leadership styles 	<ul style="list-style-type: none"> Bell Ringer Related Vocabulary-Word of the Day 	<ul style="list-style-type: none"> Presentation of historical leaders 	<ul style="list-style-type: none"> Clear modeled expectations Personal response Emotional/ intellectual safety 	<ul style="list-style-type: none"> Completion of presentation <p>Accommodations:</p> <ul style="list-style-type: none"> Reader Scribe Extended time if needed
8	<p>Self Discovery and Personal Development</p> <ul style="list-style-type: none"> Identify ways to develop positive character traits 	<ul style="list-style-type: none"> Bell Ringer Related Vocabulary-Word of the Day 	<ul style="list-style-type: none"> Group discussion: ethical and non ethical scenarios Character traits comic strips (homework if not completed by the end of class) 	<ul style="list-style-type: none"> Personal response Emotional/ intellectual safety Learning with others 	<ul style="list-style-type: none"> Completion of presentation <p>Accommodations:</p> <ul style="list-style-type: none"> Extended time if needed
9	<p>Self Discovery and Personal Development</p> <ul style="list-style-type: none"> Identify ways to develop positive character traits 	<ul style="list-style-type: none"> Bell Ringer Related Vocabulary-Word of the Day 	<ul style="list-style-type: none"> Review of character trait content Character Trait word search 	<ul style="list-style-type: none"> Personal response Emotional/ intellectual safety Learning with others 	<ul style="list-style-type: none"> Completion of word search <p>Accommodations:</p> <ul style="list-style-type: none"> Extended time if needed
10	<p>Self-Discovery and Personal Development</p> <ul style="list-style-type: none"> Propose ways to fulfill basic human needs (Maslow's Hierarchy of Needs) 	<ul style="list-style-type: none"> Bell Ringer Related Vocabulary-Word of the Day 	<ul style="list-style-type: none"> Visual depiction of Maslow's Hierarchy of Needs 	<ul style="list-style-type: none"> Clear modeled expectations Personal response Emotional/ intellectual safety 	<ul style="list-style-type: none"> Completion of visual <p>Accommodations:</p> <ul style="list-style-type: none"> Extended time if needed

11	Self Discovery and Personal Development <ul style="list-style-type: none"> Explain how the process of heredity and the environment impact physical, social, mental and emotional health. 	<ul style="list-style-type: none"> Bell Ringer Related Vocabulary-Word of the Day 	<ul style="list-style-type: none"> PowerPoint on heredity Heredity worksheet Assignment: Family Tree Research Project 	<ul style="list-style-type: none"> Clear modeled expectations Personal response Emotional/intellectual safety 	Accommodations: <ul style="list-style-type: none"> Copy of notes if necessary scribe
12	Self Discovery and Personal Development <ul style="list-style-type: none"> Explain how the process of heredity and the environment impact physical, social, mental and emotional health. 	<ul style="list-style-type: none"> Bell Ringer Related Vocabulary-Word of the Day 	<ul style="list-style-type: none"> Group Discussion: Environmental factors that attribute to physical, social, mental and emotional health and development. Environmental Factors worksheet 	<ul style="list-style-type: none"> Clear modeled expectations Personal response Emotional/intellectual safety 	<ul style="list-style-type: none"> Completion of worksheet Accommodations: <ul style="list-style-type: none"> Extended time if needed
13	Self Discovery and Personal Development <ul style="list-style-type: none"> UNIT REVIEW 	<ul style="list-style-type: none"> Bell Ringer Related Vocabulary (check) 	<ul style="list-style-type: none"> Unit Study Guide 	<ul style="list-style-type: none"> Clear modeled expectations Personal response Emotional/intellectual safety 	Accommodations: <ul style="list-style-type: none"> Copy of Study Guide
14	Self Discovery and Personal Development <ul style="list-style-type: none"> UNIT EXAM 	<ul style="list-style-type: none"> Bell Ringer 	<ul style="list-style-type: none"> Unit Exam Turn in Family Tree Assignment 	<ul style="list-style-type: none"> Clear modeled expectations Personal response Emotional/intellectual safety 	<ul style="list-style-type: none"> Completion of Family Tree Assignment Accommodations: <ul style="list-style-type: none"> Reader Scribe Use of Notes Modified Exam

Purpose: Assist students to develop self-understanding, better understand others, improve and maintain personal wellness.

Prerequisites: FACS Life Skills (Recommended)

